



Weekly Menu

Monday

Snack Am: Seasonal fruit or vegetable & savoury snack/low sugar biscuit

Lunch:

Rainbow chicken rice with salad

Banana & custard

Snack Pm: Seasonal fruit or vegetable & savoury snack/low sugar biscuit

Tea:

Spaghetti hoops with toast

Fromage Frais

Tuesday

Snack Am: Seasonal fruit or vegetable & savoury snack/low sugar biscuit

Lunch:

Fish pie with broccoli

Pineapple fingers

Snack Pm: Seasonal fruit or vegetable & savoury snack/low sugar biscuit

Tea:

Cream cheese bagels

Fruit platter

Wednesday

Snack Am: Seasonal fruit or vegetable & savoury snack/low sugar biscuit

Lunch:

Sausage casserole with baby potatoes

Ice Lolly (fruit or milk based)

Snack Pm: Seasonal fruit or vegetable & savoury snack/low sugar biscuit

Tea:

Crusty bread & houmous

Whippy & low sugar biscuit

Thursday

Snack Am: Seasonal fruit or vegetable & savoury snack/low sugar biscuit

Lunch:

Spaghetti bolognaise with salad

Slice of melon

Snack Pm: Seasonal fruit or vegetable & savoury snack/low sugar biscuit

Tea:

Make your own 'pitta pizza' with a selection of fillings

Ice cream & wafer

Friday

Snack Am: Seasonal fruit or vegetable & savoury snack/low sugar biscuit

Lunch:

Sausage roll, chips & baked beans

Fromage Frais

Snack Pm: Seasonal fruit or vegetable & savoury snack/low sugar biscuit

Tea:

Pasta Salad with carrot sticks

Chef's surprise pudding

* vegetarian/vegan option always available

* allergies and intolerances catered for

* weaning option always available where appropriate