



# Menu 6



## Monday

**Snack Am:** Savoury cracker/breadstick/cracker bread & selection of vegetables

### Lunch:

Vegetarian sweet & sour rice  
Melon Slices

**Snack Pm:** Selection of biscuits, bagels, teacake, toast, crumpets plus fruit.

### Tea:

Ham ploughman's  
Cheese sticks with apple

## Tuesday

**Snack Am:** Savoury cracker/breadstick/cracker bread & selection of vegetables

### Lunch:

Roast gammon with mash potatoes & peas  
Homemade cake

**Snack Pm:** Selection of biscuits, bagels, teacake, toast, crumpets plus fruit.

### Tea:

Rainbow wrap  
Seasonal fruit & low fat cream

## Wednesday

**Snack Am:** Savoury cracker/breadstick/cracker bread & selection of vegetables

### Lunch:

Beef & vegetable lasagne with green beans  
Natural yoghurt & fruit

**Snack Pm:** Selection of biscuits, bagels, teacake, toast, crumpets plus fruit.

### Tea:

Savoury muffins with vegetable batons  
Mandarins

## Thursday

**Snack Am:** Savoury cracker/breadstick/cracker bread & selection of vegetables

### Lunch:

Chicken casserole served with Yorkshire pudding  
Homemade biscuit

**Snack Pm:** Selection of biscuits, bagels, teacake, toast, crumpets plus fruit.

### Tea:

Cheese & onion rolls with vegetable sticks  
Sugar free jelly

## Friday

**Snack Am:** Savoury cracker/breadstick/cracker bread & selection of vegetables

### Lunch:

Creamy tuna & broccoli pasta bake  
Raisin and apple

**Snack Pm:** Selection of biscuits, bagels, teacake, toast, crumpets plus fruit.

### Tea:

Sandwich platter  
Chef surprise

\* vegetarian/vegan option always available

\*allergies and intolerances catered for

\*weaning option always available where appropriate