



Menu 1



Weekly Menu

Monday

Snack Am: Savoury cracker/breadstick/cracker bread & selection of vegetables

Lunch:

Chicken & vegetable curry with rice

Natural yoghurt & fruit

Snack Pm: Selection of biscuits, bagels, teacake, toast, crumpets plus fruit.

Tea:

Cheese & ham ploughman's
Sorbet

Tuesday

Snack Am: Savoury cracker/breadstick/cracker bread & selection of vegetables

Lunch:

Fish pie with broccoli

Homemade shortbread

Snack Pm: Selection of biscuits, bagels, teacake, toast, crumpets plus fruit.

Tea:

Mummy sausage roll with coleslaw
Fresh fruit salad

Wednesday

Snack Am: Savoury cracker/breadstick/cracker bread & selection of vegetables

Lunch:

Carbonara served with salad

Sugar free jelly

Snack Pm: Selection of biscuits, bagels, teacake, toast, crumpets plus fruit.

Tea:

Pitta, cheese & vegetable batons
Home made cake

Thursday

Snack Am: Savoury cracker/breadstick/cracker bread & selection of vegetables

Lunch:

Cottage pie served with green beans

Fruit & ice-cream

Snack Pm: Selection of biscuits, bagels, teacake, toast, crumpets plus fruit.

Tea:

Selection of sandwiches with vegetable batons
Rice Pudding

Friday

Snack Am: Savoury cracker/breadstick/cracker bread & selection of vegetables

Lunch:

Three bean chilli served with homemade wedges

Homemade traybake

Snack Pm: Selection of biscuits, bagels, teacake, toast, crumpets plus fruit.

Tea:

Make your own wrap with vegetable batons
Banana & custard

* vegetarian/vegan option always available

* allergies and intolerances catered for

* weaning option always available where appropriate